

# How to administer your Pregnyl® injection

You should have received a package with Pregnyl that contains:

- 1 or 3 individual dry-material ampoules of 5000 IU + 1 or 3 individual liquid-containing ampoules.
- In addition, you need a 2 ml syringe, a pink needle with which to extract and mix, and a grey needle for injecting.

1. Take out 1 dry ampoule (5,000 IU) and 1 liquid ampoule.
2. Tap the top of the liquid ampoule so that the liquid falls down to the bottom. Next break the top off the ampoules.
3. Fit the pink needle onto the syringe and extract the liquid from the liquid ampoule.
4. Inject all the liquid into one of the dry ampoules. Ensure that the powder is completely dissolved.
5. Tap to get rid of any air and then switch to the grey needle.
6. The injection is given sub-cutaneously into the abdominal fat layer. This injection may sting and/or cause more redness than the earlier injections.

**If you have been prescribed a dose of 10000 IU Pregnyl, discuss with your doctor how to prepare the injection.**