

Treatment schedule

Use the treatment schedule below to register your daily injections.

When you have registered the information for day one, copy the figure from the last column (Remaining Puregon) to the column "Content of the Puregon Cartridge" to the row for day 2. On day 2 subtract the "Prescribed daily dosage" from the value in the column "Content of the Puregon Cartridge" and note that value in the last column. Repeat the same procedure the following days.

| | Date | Prescribed daily dosage (IU/day) | Content of the Puregon® Cartridge | Remaining Puregon® |
|-----------|--------------------|----------------------------------|-----------------------------------|--------------------|
| Exempel { | <i>3 juni 2009</i> | <i>150 IU</i> | <i>900 IU</i> | <i>750 IU</i> |
| | | | <i>750 IU</i> | |
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How to use the Puregon Pen[®]

There are two principal elements you must learn:

1. Load the pen with an ampoule.
2. Inject Puregon



How to prepare the injection:

1. Screw the pen apart.
2. Insert the ampoule and screw the pen shut.
3. Screw in the needle tightly and remove the needle cover.
4. If a drop is not visible, turn the dosage-adjustment knob one click and push in the injection button.
5. Set it to your recommended dosage by turning the dosage-adjustment knob anti-clockwise.
6. If you inadvertently turn the dosage-adjustment knob past the recommended dosage point, do not turn the knob backward. Instead, continue turning it anticlockwise as far as it goes.
7. Next, push in the injection button completely and turn the dosage-adjustment knob to the correct dosage position. In this way, you avoid any medication loss.



How to administer an injection:

Puregon is injected into the abdomen under the skin just below the navel



1. Do not inject at the same site every time, rather spread out the sites somewhat.
2. Raise the injection site by squeezing the skin between the thumb and the forefinger. Using the other hand, insert the needle completely at a right angle to the skin. Completely depress the injection button and wait five seconds.
3. Next screw off the needle using the needle cover. Next dispose of the needle according to instructions received from the clinic. If you have injected the entire dose, the number 'zero' should be visible on the dosage window display.

Exchanging the ampoule:

If, before or during the injection process, you see that there is not sufficient medication in the ampoule, there are two options:

1. You can throw away the ampoule, put in a new one, and administer the injection.
2. You can finish off the contents of the ampoule and then make up the remaining amount from a new ampoule.

Contact your doctor or nurse if you are uncertain about how to administer the injection! Note that there is always slightly more medication in the ampoule than what is stated on the package. It is not important if you fail to notice that there is too little medication in the ampoule before you have finished the injection. The dosage window display shows how much medication is missing to obtain the correct dosage.

Safety instructions

- The Puregon Pen may be used only for treating one particular person.
- The Puregon Pen may be used only with Puregon ampoules.
- Store the pen with the ampoules in a refrigerator (+2 – +8° C) or at room temperature (maximum +25° C) for 3 months at the most.